

Mike Sharman Business Support Manager

The Cost of Caring

- Effects on Physical Health
- Effects on Mental Health
- Isolation
- Loss of own life chances
- Financial stress

Carers Assessments

- Terminology



Carers Assessments

- Care Act 2014
- Carers are entitled to an assessment of **THEIR** own needs
- This assessment could be for an Adult or Young Person

You have the right to...



A Carers Assessment

**WE CARE
YOU CARE.** Supporting Carers Rights Day 24 November 2022

How to request a Carers Assessment

- Middlesbrough Adult Social Care Access Team 01642 726004
- Redcar and Cleveland Adult Social Care Access Team 01642 065070
- Information via We Care You Care website / providers

Carers Assessments

- Outcomes...
 - Information/ advice (We Care You Care)
 - Engagement with services
 - Carers Direct payments
 - Provision of other services for people being cared for

Hidden Carers

- Continue to identify Hidden Carers
- Recognition of Carers
- Benefits of recognition

You have the right to...



Be recognised as a carer

**WE CARE
YOU CARE.**

Supporting Carers Rights Day 24 November 2022

The Cost of Caring

- Estimate that carers save the national economy £132 billion per year
- Equates to £20,000 per carer

Thank you for listening

