

Charity Registration Number: 1128910

Company Registration Number: 06746629

CARERS TOGETHER FOUNDATION
(A Company Limited by Guarantee)

REPORTS AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

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REPORTS AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

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**CARERS TOGETHER FOUNDATION
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**DIRECTORS'/TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2019**

The directors/trustees have pleasure in presenting their report and the unaudited financial statements of the charitable company ('the charity') for the year ended 31 March 2019.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016).

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity Name:	Carers Together Foundation
Charity Registration Number:	1128910
Company Registration Number:	06746629
Governing Document:	Memorandum and Articles of Association
Registered Office:	23 Queen Street Redcar TS10 1AB
Directors/Trustees:	Ms. C. Cousins Mr. W. Mogg Mrs. S. Richardson Dr. R. Parkin Mrs. S. Sheperia Ms. J. Jarvis Mrs. D. Masterman Mrs. S. Renvoize (appointed May 2018) Mrs. V. Ononeze (appointed November 2018)
Company Secretary:	Mrs. J. Bracknall
Chief Executive:	Mrs. J. Bracknall
Independent Examiner:	Mr. J. Lester FCA Baines Jewitt Limited Chartered Accountants Barrington House 41-45 Yarm Lane Stockton-on-Tees TS18 3EA
Bankers:	HSBC Bank plc 2 West Dyke Road Redcar TS10 1EA
Solicitors:	Bond Dickinson Camden House Prince's Wharf Teesdale Stockton-on-Tees TS17 6QY

**CARERS TOGETHER FOUNDATION
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**DIRECTORS'/TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2019**

OBJECTIVES AND ACTIVITIES

Carers Together's vision is 'A better future for carers' and we work to achieve this by informing, supporting and representing carers living in Redcar and Cleveland, Middlesbrough and the surrounding area. We have a Board of nine trustees, who are also directors (one of whom is a carer) and a team of paid staff and volunteers.

Our aims are:

- to provide information and support to carers so that they are able to make informed choices about their lives;
- to promote the health and wellbeing of carers;
- to represent the views of carers and to positively influence policies and services, so that individuals and agencies understand, value and recognise carers and their caring roles.

The objects of the charity over the year were to promote any charitable purpose for the benefit of the elderly, sick or people with a disability living or located within the borough of Redcar and Cleveland or such other area as the trustees may from time to time decide, and in particular the relief of need and hardship, by providing support, advice and information to those responsible for their care to improve the quality of their lives.

The trustees have complied with their duty to have due regard to public benefit in exercising their powers and in ensuring the delivery of Carers Together's services.

ACHIEVEMENTS AND PERFORMANCE

In 2018/2019, Carers Together continued to increase the range and quality of the information and support services we provide for carers, as well as the number of opportunities for carers to influence the delivery and development of services that affect them and the people they care for.

Carers who have been supported by our services have reported an improvement in their health and wellbeing, their finances, their relationships and social networks and they feel more informed and supported, as well as recognised and valued.

Over the past 12 months we:

- Provided information and practical, emotional and social support to 3,579 carers, individually and in groups.
- Identified 1,121 new carers who are now registered with our organisation.
- Completed 864 Carers Assessments and Support Plans with carers across the South Tees area.
- Delivered a Carers Information and Support Service in hospitals with funding from South Tees Clinical Commissioning Group, Redcar & Cleveland Council and Middlesbrough Council.
- Worked with Redcar & Cleveland Council to provide funding to 266 carers to enable them to take a break from their caring role.
- Consulted with carers and the people they care for about IAPT (Improving Access to Psychological Therapies).
- Developed our Dementia Adviser Service in Redcar & Cleveland, providing information, support, training and a range of social activities and events for people affected by memory loss, and their carers.
- Provided a Counselling Service for 154 carers.
- Worked with other organisations in the Carers Strategic Partnership to identify and support 'hidden' carers in Middlesbrough.
- Supported working carers and employers, including Middlesbrough Council.

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- Continued to deliver a Welfare Rights Service, which has supported 1,119 carers to maximise their household income by over £595,000.
- Delivered a service specifically for substance misuse carers in Redcar & Cleveland, in partnership with Addaction.
- Supported a 'Friends of Carers Together', a group of carers and former carers, who have talked about carers and their needs at events and workshops and in training sessions for professionals.
- Recruited, trained and supported 12 new volunteers through our Volunteering and Engagement project; two volunteers went on to paid work.
- Facilitated 160 carers group sessions, monthly, in localities across South Tees.
- Delivered carer awareness information and training sessions for carers, the public and health and social care professionals.
- Evaluated and improved our services in response to carers' feedback.
- Reorganised our staffing structure to develop and deliver specialist support for carers.
- Were awarded the NCVO Trusted Charity Mark at Level 2.

FINANCIAL REVIEW

The results for the year and financial position at the year end are shown in the annexed financial statements.

Reserves Policy

The trustees aim to expend all funds on their charitable objects but recognise the need to maintain a certain level of reserves as a cushion against possible future funding difficulties. Unrestricted cash reserves at a level of four months' expenditure across the unrestricted fund is considered sufficient to allow the charity to continue its operations whilst alternative funding sources are sought. This minimum level of unrestricted reserves was met at 31 March 2019.

PLANS FOR FUTURE PERIODS

Carers Together is committed to meeting its objects as defined in the Memorandum and Articles of Association.

During the coming year we will focus our activities on:

- Maintaining and expanding our range of good quality information and support services for carers and for people with dementia across the South Tees area.
- Identifying 'hidden' carers by raising awareness of carers' needs and of our services, with carers, professionals, employers and the public.
- Working in partnership with other organisations to improve outcomes for carers, at strategic and operational levels.
- Providing a range of carer engagement activities.
- Offering a range of volunteering opportunities, with appropriate training and support.
- Developing the skills and expertise of Carers Together's staff and volunteers.
- Building capacity, knowledge and skills within the Board of Trustees.
- Maximising the use of our resources.
- Maintaining a culture and process of continuous improvement.
- Ensuring the future sustainability of our organisation.

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DIRECTORS'/TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

Carers Together Foundation is a company limited by guarantee incorporated on 11 November 2008, and a registered charity, governed by its constitution, which was adopted on 29 October 2002 and amended on 29 January 2003, 2 March 2009 and 26 March 2013.

In the event of the company being wound up, members are required to contribute an amount not exceeding £10.

Appointment of Trustees

Under the terms of the Memorandum and Articles of Association, one-third of the trustees are required to stand down each year, according to their length of service on the Board. New trustees are appointed by the Board.

Trustee Induction and Training

All trustees complete a programme of induction into the organisation, delivered by the Chair and the Chief Executive. This includes information about their roles and responsibilities and the organisation's policies and procedures. Trustees complete individual self-assessments and annual appraisals, which identify any training needs, and there is an annual bespoke training session for all trustees. In-house training is also provided at the end of Board meetings.

Related Parties

Other than as disclosed in notes 7 and 19 to the financial statements, there were no reportable related party transactions during the year under review.

Pay Policy for Senior Staff

The board of directors are also the charity's trustees and, along with the Chief Executive, are the key management personnel responsible for directing and operating the charity on a day-to-day basis. All directors give their time and expertise freely and no director received remuneration in the year.

The pay of the senior staff is reviewed annually and is normally increased in accordance with pay settlements agreed nationally by the Joint Negotiating Committee, which endorses professional qualifications for Youth and Community workers and negotiates their employment conditions. The trustees also benchmark against pay levels in other voluntary sector organisations of a similar size operating in the North East region.

Risk Management

The trustees have conducted a review of the major risks to which the charity is exposed. External risks to funding can only be reduced by allowing for diversification of funding and activities. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

STATEMENT OF DIRECTORS'/TRUSTEES' RESPONSIBILITIES

The trustees (who are also directors of Carers Together Foundation for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

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DIRECTORS'/TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2019

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approval

This report was approved by the directors/trustees on 19 September 2019 and signed on their behalf by:



Mrs. S. Richardson
Director/Chair of Trustees

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF CARERS TOGETHER FOUNDATION**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2019 which are set out on pages 7 to 18.

Responsibilities and Basis of Report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent Examiner's Statement

Since the company's gross income exceeded £250,000, your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**J. Lester FCA
Baines Jewitt Limited
Chartered Accountants
Barrington House
41-45 Yarm Lane
Stockton-on-Tees
TS18 3EA**

Dated: 19 September 2019

JL/AJD

CARERS TOGETHER FOUNDATION
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STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2019
(including Summary Income and Expenditure Account)

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £	Total Funds 2018 £
INCOME					
Donations and legacies	4(a)	5,767	-	5,767	1,722
Income from charitable activities	4(b)	-	777,197	777,197	882,988
Investment income	4(c)	537	-	537	839
Other income		1,305	-	1,305	601
TOTAL INCOME		<u>7,609</u>	<u>777,197</u>	<u>784,806</u>	<u>886,150</u>
EXPENDITURE					
Charitable Activities	5	16,607	793,571	810,178	974,600
TOTAL EXPENDITURE		<u>16,607</u>	<u>793,571</u>	<u>810,178</u>	<u>974,600</u>
Net income/(expenditure)	8	(8,998)	(16,374)	(25,372)	(88,450)
Transfers between Funds	13	(5,110)	5,110	-	-
Net Movement in Funds		(14,108)	(11,264)	(25,372)	(88,450)
Reconciliation of funds:					
Total funds brought forward	13	176,280	69,979	246,259	334,709
Total Funds Carried Forward	13&14	<u>162,172</u>	<u>58,715</u>	<u>220,887</u>	<u>246,259</u>

The Statement of Financial Activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

CARERS TOGETHER FOUNDATION
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BALANCE SHEET
AS AT 31 MARCH 2019

	Notes	£	2019 £	£	2018 £
FIXED ASSETS					
Tangible assets	9		29,329		44,959
CURRENT ASSETS					
Debtors	10	25,240		60,058	
Cash at bank and in hand		201,508		171,593	
		<u>226,748</u>		<u>231,651</u>	
CREDITORS: Amounts falling due within one year	11	<u>(35,190)</u>		<u>(30,351)</u>	
NET CURRENT ASSETS			<u>191,558</u>		<u>201,300</u>
NET ASSETS			<u>220,887</u>		<u>246,259</u>
REPRESENTED BY:					
FUNDS					
Unrestricted	13&14		162,172		176,280
Restricted	13&14		58,715		69,979
TOTAL FUNDS			<u>220,887</u>		<u>246,259</u>

The directors/trustees are satisfied that the charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The directors/trustees acknowledge their responsibilities for:

- (i) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as are applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

These financial statements were approved by the directors/trustees on 19 September 2019 and signed on their behalf by:



.....
Mrs. S. Richardson
Director/Chair of Trustees



.....
Ms. J. Jarvis
Director/Trustee

CARERS TOGETHER FOUNDATION
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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2019

	Notes	2019 £	2018 £
Cash inflow/(outflow) from operating activities	20	<u>29,969</u>	<u>(58,220)</u>
Cash flow from investing activities:			
Interest receivable		537	839
Purchase of tangible fixed assets		<u>(591)</u>	<u>(19,812)</u>
Net cash inflow/(outflow) from investing activities		<u>(54)</u>	<u>(18,973)</u>
Increase/(decrease) in cash and cash equivalents in year		29,915	(77,193)
Cash and cash equivalents at the beginning of the year		<u>171,593</u>	<u>248,786</u>
Total cash and cash equivalents at the end of the year		<u>201,508</u>	<u>171,593</u>
Cash and cash equivalents consist of:			
Cash at bank and in hand		<u>201,508</u>	<u>171,593</u>

CARERS TOGETHER FOUNDATION
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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1. CHARITY INFORMATION

The charity (registered number 1128910) is a public benefit entity incorporated in the UK on 11 November 2008 as a company limited by guarantee. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operation and principal activities is the provision of information and support to carers.

2. BASIS OF PREPARATION OF THE FINANCIAL STATEMENTS

Basis of Preparation and Assessment of Going Concern

The charity constitutes a public entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with applicable accounting standards, the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

3. ACCOUNTING POLICIES

(a) Income Recognition

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Grants and donations

- Where donors specify that grants and donations given to the charity must be used in future accounting periods, the income is deferred until those periods.
- Where donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

Contract performance income

This income is recognised when the performance conditions have been fully met or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Investment income

Investment income is included when receivable by the charity.

Donated services and facilities

Donated services and facilities are recognised in income at their fair value when the economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity (for example, the amount that the charity would be willing to pay in the open market for such facilities and services). A corresponding amount is included in expenditure. No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

3. ACCOUNTING POLICIES (Continued)

(b) Resources Expended

Resources expended are accounted for on an accruals basis, inclusive of attributable VAT which cannot be recovered.

Certain expenditure is directly attributable to specific activities and has been apportioned to the costs of those activities on a basis consistent with the use of resources.

(c) Termination Payments

Termination benefits are payable when employment is terminated before the normal retirement date, or whenever an employee accepts voluntary redundancy in exchange for these benefits. The charity recognises termination benefits when it is demonstrably committed to either (i) terminating the employment of current employees according to a detailed formal plan without possibility of withdrawal, or (ii) providing termination benefits as a result of an offer made to encourage voluntary redundancy.

(d) Tangible Fixed Assets

Tangible fixed assets are included at cost less depreciation.

(e) Depreciation

Tangible fixed assets are depreciated over their estimated useful lives as follows:

Leasehold property - straight line over the term of the lease with effect from 1 April 2011. Prior to 31 March 2011, depreciation was provided at a rate of 20% straight line.

Fixtures, fittings and equipment - 20% per annum straight line

(f) Fund Accounting

Funds held by the charity are either:

- **unrestricted funds** - these are funds which can be used in accordance with the objects of the charity at the discretion of the trustees. They may include designated funds which have been set aside by the trustees for particular purposes.
- **restricted funds** - these are funds which can only be used for particular restricted purposes within the objects of the charity; whether it be for the purchase or construction of a fixed asset or in respect of a specific project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Once the restrictions imposed by the provider of the grant/the donor have been observed, the fund is then transferred to unrestricted funds but designated where relating to a specific ongoing purpose.

(f) Pension Costs

Contributions, which are payable into a defined contribution occupational pension scheme, are charged to the Statement of Financial Activities in the period to which they relate.

(h) Operating Leases

Rentals applicable to operating leases, where substantially all of the benefits and risks of ownership remain with the lessor, are charged against revenue on a straight line basis over the period of the lease.

(i) Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value. Any losses arising from impairment are recognised in expenditure.

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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

4(a) INCOME FROM DONATIONS AND LEGACIES

	Unrestricted £	Restricted £	Total 2019 £	Total 2018 £
Donations	<u>5,767</u>	<u>-</u>	<u>5,767</u>	<u>1,722</u>

All of the £1,722 received in 2018 related to unrestricted funds.

The charity benefits greatly from the involvement and enthusiastic support of its many volunteers. In accordance with accounting standards, the economic contribution of general volunteers is not measured in the accounts.

4(b) INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted £	Restricted £	Total 2019 £	Total 2018 £
Grant and Contract Performance Income:				
Redcar & Cleveland Borough Council:				
Breaks for Carers (Carers Individual Activity Fund)	-	43,318	43,318	133,404
Carers Information & Support Service	-	133,000	133,000	224,150
Carers Information & Support Service (Hospitals)	-	50,000	50,000	50,000
Carers Emergency Card Service	-	16,600	16,600	16,600
Dementia Adviser Service	-	61,000	61,000	65,522
Independent Parent Support Worker	-	3,472	3,472	20,000
Working Carers	-	-	-	16,000
Middlesbrough Borough Council:				
Carers Outreach Assessment and Support Service	-	173,000	173,000	173,000
Carers Information & Support Service (Hospitals)	-	50,000	50,000	1,780
Benefits Advice for Carers	-	23,205	23,205	1,309
Lloyds Bank Foundation	-	25,000	25,000	25,000
The Henry Smith Charity	-	30,000	30,000	30,000
Community Connect	-	41,376	41,376	41,376
Big Lottery Fund	-	64,797	64,797	81,030
Addaction	-	45,802	45,802	3,817
Middlesbrough Environment City	-	7,993	7,993	-
Redcar & Cleveland Parent Carer Forum	-	5,084	5,084	-
Suicide Prevention Grassroots Community Funding	-	3,550	3,550	-
Total per Statement of Financial Activities	<u>-</u>	<u>777,197</u>	<u>777,197</u>	<u>882,988</u>

Of the £882,988 received in 2018, £91,050 related to unrestricted funds and £791,938 related to restricted funds.

4(c) INVESTMENT INCOME

	Unrestricted £	Restricted £	Total 2019 £	Total 2018 £
Bank interest receivable	<u>537</u>	<u>-</u>	<u>537</u>	<u>839</u>

All of the £839 income in 2018 related to unrestricted funds.

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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
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5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

	Total 2019	Total 2018
	£	£
Breaks for carers - grants	59,533	128,501
Breaks for carers - activities	16,060	17,121
Salaries and national insurance	514,400	580,543
Pension costs	11,185	13,161
Recruitment expenses	1,848	-
Rent, rates and water	25,386	24,653
Insurance	6,206	5,235
Heat and light	1,975	2,285
Training	3,144	-
Room hire and catering	4,722	12,441
Travel	11,803	15,094
Printing and postage	14,157	20,328
Telephone	12,367	18,167
Stationery	3,972	4,883
Miscellaneous	160	125
Depreciation	14,599	14,629
Loss on disposal of fixed assets	-	6,676
Support costs - see note 6	103,846	105,670
Governance costs - see note 6	4,815	5,088
	<u>810,178</u>	<u>974,600</u>

Of the £810,178 expenditure in 2019 (2018: £974,600), £793,571 was charged to restricted funds (2018: £950,554) and £16,607 to unrestricted funds (2018: £24,046).

6. ANALYSIS OF SUPPORT AND GOVERNANCE COSTS

	Basis of Apportionment	Support Costs £	Governance Costs £	Total £
Salaries and national insurance	Staff role	59,929	-	59,929
Pension costs	Staff role	1,294	-	1,294
Recruitment expenses	Staff role	217	-	217
Rent, rates and water	Staff time	2,821	-	2,821
Insurance	Staff time	690	-	690
Heat and light	Staff time	219	-	219
Training	Direct	353	-	353
Printing and postage	Staff time	1,573	-	1,573
Telephone	Staff time	1,374	-	1,374
Stationery	Staff time	441	-	441
Equipment maintenance and promotional	Direct	6,432	-	6,432
Legal and professional	Direct	21,875	-	21,875
Repairs, Health & Safety	Direct	5,006	-	5,006
Depreciation	Staff time	1,622	-	1,622
Accountancy	Governance	-	3,420	3,420
Trustee training	Governance	-	600	600
Peer mentoring	Governance	-	795	795
		<u>103,846</u>	<u>4,815</u>	<u>108,661</u>

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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

7. STAFF COSTS AND REMUNERATION OF KEY MANAGEMENT PERSONNEL

	2019	2018
	£	£
Salaries and wages	525,450	603,399
Social security costs	36,556	34,727
Redundancy payments	12,323	-
Pension costs	12,479	14,383
	586,808	652,509

The total employment benefits, including employer pension contributions, of key management personnel were £53,071 (2018: £52,214).

No employee had employee benefits of £60,000 per annum or more (2018: none).

No remuneration was paid to trustees in the year. Three trustees were reimbursed £375.02 in respect of travel expenses (2018: one trustee reimbursed £39.70). No other expenses were reimbursed to trustees in the year.

The charity has indemnity insurance on behalf of the trustees. The cost of the premium included in these financial statements is £229.37 (2018: £229.37).

The average and full-time equivalent (FTE) number of employees during the year was as follows:

	2019	2019	2018	2018
	No.	FTE	No.	FTE
Direct charitable work	24	13	23	18
Administrative	10	7	10	6
	34	20	33	24

8. NET INCOME/(EXPENDITURE) FOR THE YEAR

	2019	2018
	£	£
This is stated after charging:		
Loss on disposal of fixed assets	-	7,418
Depreciation of tangible fixed assets	16,221	16,254
Independent Examiner's fees:		
Accountancy services	1,650	1,650
Independent examination	990	990
Under-provision re previous year	180	120
VAT review	600	600
	600	600

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9. TANGIBLE FIXED ASSETS	Leasehold Property £	Fixtures, Fittings & Equipment £	Total £
COST			
At 1 April 2018	33,430	80,726	114,156
Additions	-	591	591
Disposals	-	-	-
At 31 March 2019	<u>33,430</u>	<u>81,317</u>	<u>114,747</u>
DEPRECIATION			
At 1 April 2018	30,318	38,879	69,197
Charge for the year	3,112	13,109	16,221
Disposals	-	-	-
At 31 March 2019	<u>33,430</u>	<u>51,988</u>	<u>85,418</u>
NET BOOK VALUE			
At 31 March 2018	<u>3,112</u>	<u>41,847</u>	<u>44,959</u>
At 31 March 2019	<u>-</u>	<u>29,329</u>	<u>29,329</u>
10. DEBTORS			
Due within one year:		2019	2018
		£	£
Contract/grant income receivable		25,240	58,903
Prepayments and accrued income		-	605
Other debtors		-	550
		<u>25,240</u>	<u>60,058</u>
11. CREDITORS: Amounts falling due within one year		2019	2018
		£	£
Trade creditors		18,209	15,618
Social security and other taxes		8,170	12,080
Accruals and deferred income		2,665	2,653
Funds under management		6,146	-
		<u>35,190</u>	<u>30,351</u>
12. OPERATING LEASE COMMITMENTS			
The following operating lease payments are committed to be paid within one year:		2019	2018
		£	£
On land and buildings leases expiring:			
Within one year		28,279	27,805
Within two to five years		-	-

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13. MOVEMENT IN FUNDS

	As at 1 April 2018 £	Income £	Expenditure £	Transfers £	As at 31 March 2019 £
Unrestricted Funds:					
General	176,280	7,609	16,607	(5,110)	162,172
Restricted Funds:					
Redcar & Cleveland Borough Council:					
Breaks for Carers (Carers Individual Activity Fund)	9,875	43,318	53,823	630	-
Carers Information & Support	-	133,000	132,114	-	886
Carers Information & Support (Hospitals)	2,095	50,000	50,656	-	1,439
Carers Emergency Card Service	-	16,600	16,203	-	397
Dementia Adviser Service	6,613	61,000	62,740	-	4,873
Independent Parent Support Worker	-	3,472	7,952	4,480	-
Middlesbrough Borough Council:					
Carers Outreach Assessment & Support	-	173,000	171,568	-	1,432
Benefits Advice for Carers	200	23,205	23,017	-	388
Carers Information & Support (Hospitals)	80	50,000	49,615	-	465
Lloyds Bank Foundation	18,750	25,000	25,363	-	18,387
The Henry Smith Charity	22,889	30,000	29,812	-	23,077
Community Connect	2,475	41,376	41,509	-	2,342
Big Lottery Fund	6,799	64,797	71,593	-	3
Addaction	203	45,802	45,328	-	677
Middlesbrough Environment City	-	7,993	7,194	-	799
Redcar & Cleveland Parent Carer Forum	-	5,084	5,084	-	-
Suicide Prevention Grassroots Community Funding	-	3,550	-	-	3,550
	<u>69,979</u>	<u>777,197</u>	<u>793,571</u>	<u>5,110</u>	<u>58,715</u>

Transfers between funds are as agreed by the Board.

Restricted Funds

Redcar & Cleveland Borough Council:

Breaks for Carers (Carers Individual Activity Fund) - to give carers the opportunity to have a break. The fund is also used for organised activities.

Carers Information & Support - to support carers in the community across Redcar & Cleveland.

Carers Information & Support (Hospitals) - to provide a Carers Information and Support Service for Redcar & Cleveland carers in local hospitals.

Carers Emergency Card Service - to run a call-out scheme designed to provide assistance to Redcar & Cleveland carers, if they are unexpectedly unable to provide care for the person they look after.

Dementia Adviser Service - to provide information and support services to people affected by dementia, and their carers.

Independent Parent Support Worker - to support working with volunteers and parent carers with the Education Health Care Plan process.

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NOTES TO THE UNAUDITED FINANCIAL STATEMENTS
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13. MOVEMENT IN FUNDS (Continued)

Middlesbrough Borough Council:

Carers Outreach Assessment & Support Service - to support carers in the community across Middlesbrough.

Benefits Advice for Carers - to support people in a caring role who are in financial hardship.

Carers Information & Support (Hospitals) - to identify and support Middlesbrough carers through James Cook University Hospital.

Lloyds Bank Foundation - to support carers in order to reduce the risk of financial hardship.

The Henry Smith Charity - to provide support and information for adult carers in Redcar & Cleveland.

Community Connect - to provide information and support to adults living in Middlesbrough, to help them to improve their health and wellbeing.

Big Lottery Fund - to engage carers in their local communities.

Addaction - to provide information and support to substance misuse carers in Redcar & Cleveland.

Middlesbrough Environment City - to provide information and support to carers in Middlesbrough in order to prevent fuel poverty.

Redcar & Cleveland Parent Carer Forum - to provide administrative support and grant management to the forum.

Suicide Prevention Grassroots Community Funding - to support male carers to improve their health and wellbeing.

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted funds	29,329	132,843	162,172
Restricted funds	-	58,715	58,715
Total Funds	29,329	191,558	220,887

15. FUNDS OF THE CHARITY

Unrestricted funds are those which the trustees are free to use in accordance with the charitable objects, although the trustees may decide to designate part of these funds for specific purposes.

Restricted funds are those which have been given for particular purposes and projects.

16. TAXATION

HM Revenue & Customs have approved the charitable status of Carers Together Foundation and its income is therefore exempt from tax under Sections 505 and 506 of The Taxes Act 1988, provided that such income is applied for charitable purposes.

17. PENSION SCHEME

The charity operates a defined contribution pension scheme for its employees. The amount recognised as an expense in the period was £12,479 (2018: £14,383).

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18. CONTROLLING PARTY

Throughout the year, the charity was under the control of the Board of Trustees.

19. RELATED PARTY TRANSACTIONS

Mrs. J. Bracknall is on the Management Committee of St. Mary's Centre, a premises which is rented by the charity at an annual cost of £15,805 (2018: £12,991).

Total unrestricted donations from related parties during the year under review amounted to £40 (2018: £110).

20. RECONCILIATION OF NET MOVEMENTS IN FUNDS TO CASH FLOW FROM OPERATING ACTIVITIES

	2019	2018
	£	£
Net movement in funds	(25,372)	(88,450)
Add: Depreciation charge	16,221	16,254
Loss on disposal of fixed assets	-	7,418
Less: Interest receivable	(537)	(839)
Decrease/(increase) in debtors	34,818	(4,182)
Increase/(decrease) in creditors	4,839	11,579
	29,969	(58,220)
Cash Flow from Operating Activities	29,969	(58,220)

21. FINANCIAL INSTRUMENTS

The carrying amounts of the charity's financial instruments are as follows:

	2019	2018
	£	£
Financial Assets		
Debt instruments measured at amortised cost:		
- Contract/grant income receivable	25,240	58,903
- Other debtors	-	550
	25,240	59,453
Financial Liabilities		
Measured at amortised cost:		
- Trade creditors	18,209	15,618
- Social security and other taxes	8,170	12,080
- Accruals and deferred income	2,665	2,653
- Funds held under management	6,146	-
	35,190	30,351

The income attributable to the charity's financial instruments is as follows:

Interest receivable:		
- Financial assets measured at amortised cost	537	839
	537	839